



Sweet Childcare— A Father Playing an Active Role in Housework by Mitsuharu Sagawa

We have a responsibility to enrich what we have inherited from previous generations and pass it on to the next generation. To this end, we believe that we must again return to the perspective of “Will our actions lead to the happiness of children?”

We have launched the Future of Children series, a series of essays by experts in various fields, to deepen our understanding of children, as well as to consider a society in which children's lives and human rights are respected and in which children can freely create the future. The first publication in this series is Mitsuharu Sagawa's *Sweet Childcare*.



I'm
a househusband
and writer

Mitsuharu Sagawa

Born in Tokyo in 1965 and raised in Chigasaki. Graduated from Hokkaido University School of Law. After working at a publisher, worked at a slaughterhouse in Omiya from 1990 to 2001. Won the 32nd Shincho Prize for New Writers in 2000 for *Design for Living*, the 24th Noma Prize for New Writers in 2002 for *Shrunken Love*, and the 26th Tsubota Joji Literary Prize in 2011 for *My Auntie*. His other books include *New Family*, *Silver Wings*, *Slaughtering Cattles*, and *The Day of Growing Up*.



Sweet Childcare—

A Father Playing an Active Role in Housework

Mitsuharu Sagawa

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Society would be much better if fathers engaged in housework and childcare became the norm. A novelist who has brought up two sons as a househusband proposes a lifestyle in which all family members can be happy.

“A father who can do housework and raise children is ‘hot’ (living respectably). I would be happy if this book could be read by as many newbie daddies as possible,”

says Naomi Takayama, a cooking expert and writer, in recommendation of this book.

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Chapter 2: Designing of Life at My Wife's Parents' Home

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Chapter 5: Support Your Wife after Childbirth with Cooking

Chapter 6: Let Out Your Voice When Playing with Your Child

Chapter 7: Learn about Your City with Your Child

Chapter 8: Fathers Going to Nursery School

Chapter 9: Save the Pleasure of Learning for Later

Chapter 10: Be a Respectable Father Even at Home!

The Future of Children series

Format: Duodecimo

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by Mitsuharu Sagawa (writer)

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by Taro Yamashita (Kitashirakawa Kindergarten principal)

The World Taught by Children

—*A Family Sociologist with Her Son and Cat*

by Yoshimi Kataoka (family sociologist)

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